

Barbados Food & Rum Festival Interracial Sisterhood Retreat

November 6-10, 2025*
*Extended Stay Available



Hosted by:



Karen Fleshman, Esq.,
Founder of Racy
Conversations



Michelle Ifill, Esq.
Founder of La Maison
Michelle Barbados



Estela Rodriguez Botello, Esq.
Advocate, Facilitator, and
Cultural Strategist



Join us in Barbados for Connection, Collaboration & Creative Caribbean Cuisine!

An empowering & elevating experience where women come together to:

- Create opportunity for a more inclusive future,
- Cultivate relationships across racial & cultural lines,
- Share stories, build bridges & seize the moment
- Celebrate the vibrant culture & cuisine of Barbados

Held at the stunning La Maison Michelle, this retreat offers the perfect backdrop for reflection, connection, rejuvenation and delicious dining!

Don't miss this unique opportunity!
Limited Space Available

for more details 

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For more info  [lammbarbados](https://www.instagram.com/lammbarbados)

www.lammbarbadosvilla.com

